

Kootenay South Youth Soccer Association

Program Guide

2026



Make Soccer Happen!

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Vision, Mission, Values

Our Vision

To create a fun and inclusive community where all participants grow and develop through the beautiful game of soccer.

Mission Statement

To provide quality soccer programs that offer a positive experience in a safe environment, supported by dedicated volunteers.

Recreational Program

To provide a fun, inclusive soccer experience that encourages participation, fosters a love for the game, and promotes physical activity.

Development Program

To develop skilled soccer players through dedicated training and competitive play, emphasizing teamwork, discipline, and sportsmanship, enabling athletes reach their full potential.

Values

Fun

Providing programs that are enjoyed by players, coaches, officials and parents.

Inclusive

A commitment to creating an environment where everyone is welcomed and valued.

Accessible

Removing barriers to enable participation

Adaptable

Being flexible and open to change, especially through creative thinking and problem-solving.

Excellence

Achieving high standards of performance and striving for continual improvement.

KSYA Contacts

Board of Directors

President: Rita MacLeod ksysapres@gmail.com
Vice President: Brian Reimer ksysavicepres@gmail.com
Secretary: Jennifer Bryden ksysainfo@gmail.com
Treasurer: Jodi SIlva ksysatreasurer@gmail.com
Director at Large (Development): Andrew Van der Ham ksysaselect@gmail.com
Director at Large (Mini): April Arnot ksysamini@gmail.com
Director at Large (Referee): Sid Compston ksysaheadreferee@gmail.com
Director at Large (Fields): Kim Robinson ksysadirector1@gmail.com

Other Contacts

KRYSA Liaison: Dave Mohr ksysalaison@gmail.com
Coach Coordinator: Brian Reimer ksysacoach1@gmail.com
Administrator: Melissa Gresley-Jones ksysaregistrar@gmail.com

Recreation Committee

Recreation Director: April Arnot ksysamini@gmail.com and ksisyouth@gmail.com
BV Representative: ksysabvmini@gmail.com
Castlegar Representative: ksysacgarmini@gmail.com
Rossland Representative: ksysarosslandmini@gmail.com
Trail Representative: ksysatrailmini@gmail.com

Development Committee

Development Director: Andrew van der Ham ksysaselect@gmail.com
Development Chair: Kirsten Smillie ksysadev@gmail.com

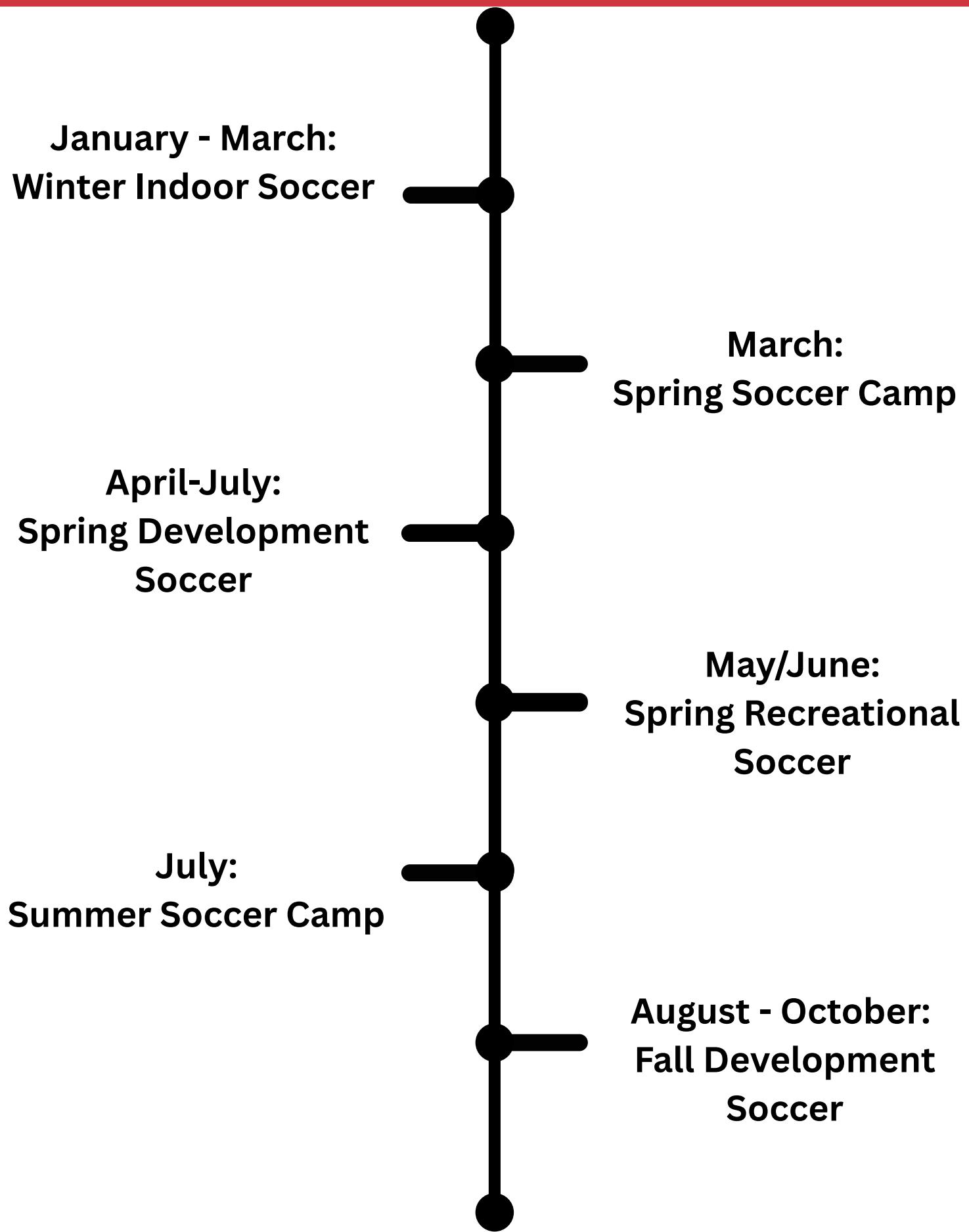
Referee Committee

Referee Director: Sid Compston ksysaheadreferee@gmail.com

Infrastructure Committee

Year Round Facility Feasability Committee: ksysapres@gmail.com
Uniforms Coordinator: Heather Bishop ksysauniforms@gmail.com
Equipment Coordinator: Daemion Fagan ksysaequipment@gmail.com
Field Lining: Kim Robinson ksysadirector1@gmail.com

Program Timeline



2026 Important Dates

Registration Dates	
Spring Registration Opens	December 21, 2025 at 8 am
Spring Recreation Registration period	Dec 21 - March 1
Spring Recreation Late registration	Mar 2 - April 1
Spring Development Registration period	Dec 21 - Jan 31
Spring Development Late registration	Feb 1 - March 15
Fall Development Registration Opens	May 2 @ 8 am
Fall Development Registration period	May 2 - June 2
Fall Development Late Registration Period	June 3 - July 17
Recreation Dates	
Start Date and end dates	Weeks of April 27 and June 15
Mini Photo Day (on location)	BV - May 5, Castlegar - May 7, Rossland - May 12, Trail - May 14
Youth Photo Day (@ Millennium)	May 27
Mini Soccer Game Day	May 28
Mini World Cup	June 20
Wrap up Events	Week of June 15
Development Dates	
Spring start and end dates	Weeks of March 30 and July 6
Photo Day (@ Millennium)	May 20
Fall start and end dates	Weeks of August 17 and October 26
Coaching Dates	
Online Training	Initial Deadline is March 1, other dates TBD
On Field Training	TBD
Refereeing Dates	
Registration Open	TBD
Course	TBD

Registration Info

When you are ready to register your child, and registration is open, you can go to <https://ksysa.ca/register-here/>.

Remember, you can register your child in Recreation Soccer which includes Mini and Youth or Development Soccer, which includes Development or Select. All registration is based on birth year so please ensure birth year is correct and complete registration! Players U12 and up could choose to register in both Rec and Dev if they choose.

The registration form should easily guide you through the process - just fill in all the blanks and answer all the questions.



2026 Spring and Fall Birth Year Chart

U4	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008

All players must register in the appropriate birth year.

KSYSA Directors will use the BC Soccer Small Sided Soccer Development Policy and BC Soccer Playing Up and Down Policy to move children out of their birth year.

Evaluations will be done in collaboration with coaches to ensure transparency in moving players with child development, fairness and safety in mind.

Recreation - Mini

Description

Our Spring Recreational mini program is divided into Beaver Valley (U6 - U10), Castlegar (U4 - U11), Rossland (U5 - U11) and Trail (U5 - U11) and provides players an opportunity to develop skills and have fun. The intent is to introduce fundamental movement skills and soccer skills at developmentally appropriate ages.

This league generally runs from May through June, kids have two field times per week, and the potential for a couple of special events (depending on volunteer commitment). Programs are divided by location with U4/5/6/7/8/9 playing at their home field and U10/11 practicing and playing at home and away fields within BV, Castlegar, Rossland and Trail.

Program starts the week of April 28th and ends the week of June 15th.

Special Events

Mini Soccer Day hosted at Pople Park in Trail and Millennium Park in Castlegar: May 28
Mini World Cup hosted at Mazzocchi Park in Fruitvale: June 20

Fees

Division	Birth Year	Earlybird Fees*	Regular Fees
U4	2022	\$80	\$130
U5	2021	\$120	\$170
U6	2020	\$120	\$170
U7	2019	\$120	\$170
U8	2018	\$200	\$250
U9	2017	\$200	\$250
U10	2016	\$200	\$250
U11	2015	\$200	\$250

*\$50 Earlybird discount automatically applied at registration

Recreation - Mini

Schedule

[REGISTER HERE](#)



Beaver Valley

Program	Birth Year	Location	Day of the Week	Time	Dates
U5	2021	Upper Mazzochi	T / Th	5 - 5:45 pm	April 28 - June 18
U6	2020	Upper Mazzochi	T / Th	5 - 5:45 pm	April 28 - June 18
U7	2019	Upper Mazzochi	T / Th	5 - 5:45 pm	April 28 - June 18
U8	2018	Lower Mazzocchi	T / Th	5:15 - 6:15 pm	April 28 - June 18
U9	2017	Lower Mazzocchi	T / Th	5:15 - 6:15 pm	April 28 - June 18
U10	2016	Lower Mazzocchi	T / Th	6:30 - 7:30 pm	April 28 - June 18
U11	2015	Lower Mazzocchi	T / Th	6:30 - 7:30 pm	April 28 - June 18

Castlegar

Program	Birth Year	Location	Day of the Week	Time	Dates
U4	2022	Millennium	T / Th	5:00 - 5:30 pm	April 28 - June 18
U5	2021	Millennium	T / Th	5:30 - 6:15 pm	April 28 - June 18
U6	2020	Millennium	T / Th	5:30 - 6:15 pm	April 28 - June 18
U7	2019	Millennium	T / Th	5:30 - 6:15 pm	April 28 - June 18
U8	2018	Millennium	T / Th	5:15 - 6:15 pm	April 28 - June 18
U9	2017	Millennium	T / Th	5:15 - 6:15 pm	April 28 - June 18
U10	2016	Millennium	T / Th	6:30 - 7:30 pm	April 28 - June 18
U11	2015	Millennium	T / Th	6:30 - 7:30 pm	April 28 - June 18

Rossland

Program	Birth Year	Location*	Day of the Week	Time	Dates
U5	2021	Centennial	T / Th	4:00 - 4:45 pm	April 28 - June 18
U6	2020	Centennial	T / Th	4:00 - 4:45 pm	April 28 - June 18
U7	2019	Centennial	T / Th	4:00 - 4:45 pm	April 28 - June 18
U8	2018	Centennial	T / Th	5:00 - 6:00 pm	April 28 - June 18
U9	2017	Centennial	T / Th	5:00 - 6:00 pm	April 28 - June 18
U10	2016	Pople Park	T / Th	6:30 - 7:30 pm	April 28 - June 18
U11	2015	Pople Park	T / Th	6:30 - 7:30 pm	April 28 - June 18

*Starting location is dependant on field availability due to weather conditions and field prep.

Trail

Program	Birth Year	Location	Day of the Week	Time	Dates
U5	2021	Pople Park	T / Th	5:15 - 6:00 pm	April 28 - June 18
U6	2020	Pople Park	T / Th	5:15 - 6:00 pm	April 28 - June 18
U7	2019	Pople Park	T / Th	5:15 - 6:00 pm	April 28 - June 18
U8	2018	Pople Park	T / Th	5:15 - 6:15 pm	April 28 - June 18
U9	2017	Pople Park	T / Th	5:15 - 6:15 pm	April 28 - June 18
U10	2016	Pople Park	T / Th	6:30 - 7:30 pm	April 28 - June 18
U11	2015	Pople Park	T / Th	6:30 - 7:30 pm	April 28 - June 18

Please note all times are subject to change based on registration, volunteers and field availability.

Recreation - Youth

Description

Our Spring Recreational youth program is divided into U12 - U18 divisions and provides players an opportunity to develop skills and have fun.

The program is divided based on registration and coach availability and play happens within BV, Castlegar, Rossland and Trail. This league generally runs from May through June, kids have two field times per week, and the potential for a couple of special events (depending on volunteer commitment).

Program starts the week of April 28th and ends the week of June 21st.

Fees

Division	Birth Year	Earlybird Fees*	Regular Fees
U12 - U15	2014-2011	\$200	\$250
U16 - U18	2010-2008	\$100	\$150

Schedule

Program	Birth Year	Location	Day of the Week	Time	Dates
U12	2014	Lower Mazzocchi (Fruitvale)	M / W	4 - 7 pm	April 27 - June 17
		Millenium (Castlegar)			
		Lower Sunningdale (Trail)			
U13	2013	Lower Mazzocchi (Fruitvale)	M / W	4 - 7 pm	April 27 - June 17
		Millenium (Castlegar)			
		Lower Sunningdale (Trail)			
U14	2012	Castlegar Complex (Castlegar)	T / Th	4 - 7 pm	April 28 - June 18
		Lower Sunningdale (Trail)			
U15	2011	Castlegar Complex (Castlegar)	T / Th	4 - 7 pm	April 28 - June 18
		Lower Sunningdale (Trail)			
U16	2010	Upper Mazzocchi (Fruitvale)	T OR Th	6 - 7:30 pm	April 28 - June 18
		Castlegar Complex (Castlegar)			
		Lower Sunningdale (Trail)			
U17	2009	Upper Mazzocchi (Fruitvale)	T OR Th	6 - 7:30 pm	April 28 - June 18
		Castlegar Complex (Castlegar)			
		Lower Sunningdale (Trail)			
U18	2008	Upper Mazzocchi (Fruitvale)	T OR Th	6 - 7:30 pm	April 28 - June 18
		Castlegar Complex (Castlegar)			
		Lower Sunningdale (Trail)			

*Schedules will include 1.5 hour field times.

*\$50 Earlybird discount automatically applied at registration

Please note all times are subject to change based on registration, volunteers and field availability.

Development / Competitive

Description

Our development program is for U9 - U18 players who want to extend their season and play in tournaments.

[REGISTER HERE](#)



U9- U11

The U9 - U11 age categories are development programs that introduce players to a more committed environment. The season is longer and teams attend tournaments.

U12/13

U12/13 divisions progress teams in game play and include an additional tournament. U13 may be tiered depending on registration numbers and coach availability.

U14+

U14+ age categories may be tiered teams that play to potentially compete at the Provincials. The season is longer and team attend local and away tournaments.

Practice and play locations are dependant on field availability and representation in registration.

Spring Fees

Division	Birth Year	Earlybird Fees*	Regular Fees
U9 - 11	2017/2016/2015	\$475	\$525
U12/13	2014/2013	\$575	\$625
U14+	2012-2008	\$400	\$450

Fall Fees

Division	Birth Year	Earlybird Fees*	Regular Fees
All divisions	2017-2008	\$220	\$270

The development program is a more expensive program due to the length of program and associated costs. Some of the costs include insurance, equipment, storage, game jerseys, technical direction, administrative costs, field rentals, referees etc. Additionally, the fees include registration fees for two - three tournaments.

We know that registration fees are impactful on families so we have options to help support:

- Earlybird fees : Save \$50 if you register before the deadline - applied automatically
- Instalment Payments: Select the instalment option that is appropriate for you
- Financial Aid: Access the financial aid organizations that are listed on the final page.

Development / Competitive

Spring

Program	Birth Year	Location	Day of the Week	Time*	Dates
U9	2017	Tadanac, KCLC, Millenium	T/Th	4 - 8 pm	March 31 - July 9
U10	2016	Tadanac, KCLC, Millenium	T/Th	4 - 8 pm	March 31 - July 9
U11	2015	Tadanac, KCLC, Millenium	T/Th	4 - 8 pm	March 31 - July 9
U12	2014	Lower Sunningdale, Millenium	T/Th	4 - 8 pm	March 31 - July 9
U13	2013	Lower Sunningdale, Millenium	T/Th	4 - 8 pm	March 31 - July 9
U14	2012	Haley, Upper Mazzocchi	M/W	4 - 8 pm	March 30 - July 8
U15	2011	Haley, Upper Mazzocchi	M/W	4 - 8 pm	March 30 - July 8
U16	2010	Haley, Upper Mazzocchi	M/W	4 - 8 pm	March 30 - July 8
U17	2009	Haley, Upper Mazzocchi	M/W	4 - 8 pm	March 30 - July 8
U18	2008	Haley, Upper Mazzocchi	M/W	4 - 8 pm	March 30 - July 8

*Field times are usually 1 - 1.5 hours within 4 - 8 pm depending on many factors

All divisions may be offered a third practice time per week as a skills session. Day of the week is dependant on the program.

Fall

Program	Birth Year	Location	Day of the Week	Time*	Dates
U9	2017	TBD	TBD	4 - 8 pm	August 17 - Oct 26
U10	2016	TBD	TBD	4 - 8 pm	August 17 - Oct 26
U11	2015	TBD	TBD	4 - 8 pm	August 17 - Oct 26
U12	2014	TBD	TBD	4 - 8 pm	August 17 - Oct 26
U13	2013	TBD	TBD	4 - 8 pm	August 17 - Oct 26
U14	2012	TBD	TBD	4 - 8 pm	August 17 - Oct 26
U15	2011	TBD	TBD	4 - 8 pm	August 17 - Oct 26
U16	2010	TBD	TBD	4 - 8 pm	August 17 - Oct 26
U17	2009	TBD	TBD	4 - 8 pm	August 17 - Oct 26
U18	2008	TBD	TBD	4 - 8 pm	August 17 - Oct 26

Location is dependant on field availability, coach location and registrations. We are also discussing scheduling with Greater Trail Minor Hockey Association to attempt to allow crossover of sport seasons.

*Field times are usually 1 - 1.5 hours within 4 - 8 pm depending on many factors

Development / Competitive

Tournament Opportunities

Teams will be assigned tournaments at the start of the season. U9/10/11 teams attend 2 tournaments, U12+ attend 3 tournaments. Additional tournaments may be attended based on team/coach desire for an additional fee.

The 2026 tournament opportunities are:

SPRING

May 8 - 10: Nelson

May 16 - 18: Kamloops

June 12-14: Cranbrook / Kimberley

FALL:

September 12 - 13: Revelstoke

October: West Kelowna

Home Tournament/Jamboree

KSYA may host one jamboree/tournament in the spring and / or fall depending on interest and volunteer availability. Email ksysaselect@gmail.com and ksysadef@gmail.com if you are interested in supporting local tournament options.

*Note: Tournament registration depends on availability.

2026 Playdowns

2026 Playdowns are in the West Kootenays June 5-7. Mark your calendars!

To learn more about Provincial play, go [here!](#)

2026 Provincials

U14-18 Boys and Girls Provincials are taking place July 16 - 19 in Kamloops.



Camps and Indoor Soccer

Camps are planned throughout the year to support the development of athletes.
Stay tuned for more information!



Winter Indoor Soccer

Indoor Soccer happens from January to Spring Break with 'field times' happening in Trail and Castlegar.

Fees

Division	Birth Year	1 session/week	2 sessions/week
All divisions	2016-2008	\$100	\$180

Schedule

Program	Birth Year	Location	Day of the Week	Time*	Dates
Boys/Co-ed	2015, 2016	Trail	Monday	5:30 - 6:45 pm	Jan 19 - March 2
Boys/Co-ed	2015, 2016	Castlegar	Wednesday	4:30 - 5:45 pm	Jan 21 - March 4
Girls	2015, 2016	Castlegar	Tuesday	4:30 - 5:45 pm	Jan 20 - March 3
Girls	2015, 2016	Trail	Wednesday	5:30 - 6:45 pm	Jan 21 - March 4
Boys/Co-ed	2012, 2013, 2014	Trail	Monday	7 - 8:30 pm	Jan 19 - March 2
Boys/Co-ed	2012, 2013, 2014	Castlegar	Wednesday	5:45 - 7 pm	Jan 21 - March 4
Girls	2012, 2013, 2014	Castlegar	Tuesday	5:45 - 7 pm	Jan 20 - March 3
Girls	2012, 2013, 2014	Trail	Wednesday	7 - 8:30 pm	Jan 21 - March 4
Co-Ed	2008-2011	Trail	Tuesday	5:30 - 7 pm	Jan 19 - March 9
All Division	Game Day	Trail Fieldhouse	Saturday	2 - 6 pm	February 14
All Division	Game Day	Trail Fieldhouse	Saturday	2 - 6 pm	March 7

Communication

Communication is a hard thing!! We are working hard to make it easier!!

We communicate through the following channels:

- Facebook
- Website
- Email
- TeamSnap

We create monthly newsletters (emailed from teamsnap, posted on Facebook and our website). We post on social media and link those posts to our website for families that don't access social media. We have chat enabled through our Teamsnap teams.

Tips for communication on TeamSnap chat:
Team Chat is for generic conversations. To make it easier to communicate and find information in the chats, create a **new** chat group for themed conversations.
Example: carpooling, tournament info, etc.

Girls Programs

A few years ago KSYSA started piloting girls recreation programs in Trail and found great success with it. In 2024, we formally started the U10 girls recreation league with great results. In 2025, we expanded the opportunity to all age groups in recreation and development soccer. Proceeding with this opportunity is dependent on registration numbers and volunteer coaches.

For the U6 category, as per Soccer Canada Grassroots Standards, there are no formal soccer games so the girls groups mean that the 'teams' will be formed as girls only and do their activities together at their home field - no travel.

For the U8 category, in our experience, the girls teams do not want to play the boys/co-ed teams, so the girls teams play each other. In Trail we were able to form 2 girls teams, and they played each other all season. It may have felt repetitive to the parents, but the girls were happy. If the children requested to play the boys/co-ed teams, that would be an option too. These field times are also at their home field - no travel.

For U10 girls, it is registration, field and volunteer dependant. The Rossland and Trail girls played together at Pople Park in Trail because there was no field space in Rossland. They played here twice a week with a couple of travel games to BV and Castlegar.

There is also a Mini Girls Soccer Day, scheduled for May 28 this season, where all the U8 and U10 girls groups come to Pople Park in Trail and play a bunch of mini games as a special event.

When registering, parents can choose to register their daughter in either the Girls or Boys/Co-Ed program, and if your child changes their mind we can accommodate that.

Our goal is to provide programs for all youth to have a sense of belonging, improve their skills, enjoy their time and thrive!



Photo Credit: Lota Love Photography



Photo Credit: KSYSA Parent



Photo Credit: KSYSA Parent

Canada Soccer

Grassroots Standards

The Canada Soccer Grassroots Standards have been designed to create the best possible learning and development environment for young players in Canada. First introduced in 2020, the Grassroots Standards are based on Sport for Life's Long-term Athlete Development (2007) and Canada Soccer's Long-term Player Development (2008) as well as global best practice while considering the realities of Canadian soccer and will become mandatory for all member organizations (clubs, academies, districts/regions, leagues) in Canada in advance of the 2026 playing season.

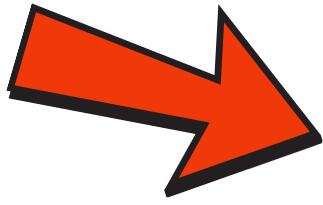
In Canada, our goal is to cultivate an atmosphere conducive to as many Canadians as possible developing a passion for the ball, being skillful, with the ability to adapt and find solutions to soccer problems. To develop skillful players who are comfortable with the ball and have the technical proficiency and tactical understanding to solve soccer problems, it is essential that young players interact with the ball as often as possible by fostering an environment that maximizes one-on-one encounters, quick decision making, and final acts (goals, shots, crosses).



CANADA SOCCER GRASSROOTS STANDARDS

CRITERIA	ACTIVE START		FUNDAMENTALS		LEARN TO TRAIN	
	U4-U6	U6-U7	U8-U9	U10-U11	U12-U13	
Principle: Grassroots Programs should be appropriately structured for the age and stage of the participating players and allow for the opportunity for multi-aspect participation, activity sampling, and life balance.						
Seasons or Block Length	4-16 weeks	6-14 weeks	8-22 weeks	10-22 weeks	10-22 weeks	
Practice-to-Match Ratio	N/A	1.1 or 2.1	2.1 or 3.1	2.1 or 3.1	2.1 or 3.1	
Structured Practice Duration	30-60 minutes	30-60 minutes	45-75 minutes	45-75 minutes	60-90 minutes	
Number of Match Days Per Week	N/A	1) Respecting the practice-to-match ratio!				
Number of Memorable Events (Discussions)	N/A	N/A	2 per season	2 per season	3 per season	
Principle: Grassroots Matches should be played on fields, with goals and balls, and following a match day format that is developmentally appropriate for the participating players.						
Match Format (Involvement)	Informal Games	3v3	4v4 (No GK) or 3v3 (with GK)	7v7	9v9	
Maximum Field Size	N/A	Pop-up Goals (3m 03.99m x 5m 15.25m)	5m 15.25m x 12m 24m)	6m 11.83m x 14m 16.88m)	6m 11.83m x 18m 5.47m)	
Field Size	N/A	Width: 18-20m Length: 25-30m	Width: 25-30m Length: 30-35m	Width: 30-35m Length: 40-50m	Width: 45-55m Length: 45-75m	
Ball Size	3	3	3 or 4	4	U12: 4 U13: 5	
Match Duration (Maximum)	N/A	30 minutes (2x15 min, or 4x7.5 min)	45 minutes (3x25 min or 6x10 min)	50 minutes (3x25 min or 4x12.5 min)	70 minutes (2x30 min or 4x15 min) 80 minutes (2x30 min or 5x12 min) 90 minutes (2x30 min or 6x10 min)	
Maximum Match Time Per Player Per Day	N/A	60 minutes	80 minutes	100 minutes	120 minutes	
Duration of Match Between Matches	N/A	Duration of one match				
Match Day Roster	N/A	Ideal: 4 players Maximum: 8 players	Ideal: 8-10 players Maximum: 12 players	Ideal: 10-12 players Maximum: 14 players	Ideal: 14 players Maximum: 18 players	
Match Day Format	N/A	Festival Format				
Referee or Game Leader	N/A	Game Leader	Game Leader or Referee	Referee		
Restarts from Sidelines	N/A	Dribble-in and Pass-in				
Offside	N/A	No				
Substitutions	N/A	Unlimited (on the fly or at designated stoppage)				
Retreat Line	N/A	Yes (halfway line)				

CRITERIA	ACTIVE START		FUNDAMENTALS		LEARN TO TRAIN	
	U4-U6	U6-U7	U8-U9	U10-U11	U12-U13	
Principle: Coaches have the greatest impact on the experience of players and every child deserves a properly qualified coach.						
Coaching Qualifications	Active Start + Online Theory Module and Practical Workshop	Fundamentals + Online Theory Module and Practical Workshop	Learn to Train + Online Theory Module and Practical Workshop			
Grassroots Stream*						
	1. Criminal Record Check with Vulnerable Sector Screen	2. NCOP Mental Health Decision Module and Online Evaluation	3. NCOP Physical Health Decision Module	4. NCOP Making Headway Module	5. NCOP Emergency Action Planning Module	6. NCOP Rule of Two Module
Grassroots + Community Stream*						
	1. Criminal Record Check with Vulnerable Sector Screen	2. Canada Soccer Coaching Sector in Canada Online Module	3. Respect in Sport Activity Leader Program			
* These requirements are for the grassroots stream only. For the grassroots stream, Member Association may increase the requirements within their jurisdiction.						
Player-to-Coach Ratio	One-on-one with One Adult 1:1 with 1.1-1.5 Adults 1:1 with 1.6-2.1 Adults	Ideal: 4.1 Maximum: 9.1	Ideal: 8.1 Maximum: 10.1	Ideal: 8.1 Maximum: 12.1	Ideal: 8.1 Maximum: 14.1	
Playing Time and Positions	N/A	Same Playing Time for All Players (minimum 50% of total playing time for each player)				
Team Travel Time	Within organization	Under 40 minutes each way				
Replacing Players for Match Play	N/A	Must support "Open Roster" that allows the movement players between teams on a regular and ongoing basis				
Select Teams	N/A	Teams cannot be formed using try-outs or other similar evaluation methods				
Scores and Standings	N/A	Towing of players is not permitted before U11				
Scores and Standings in Tournaments	N/A	No scores or standings				



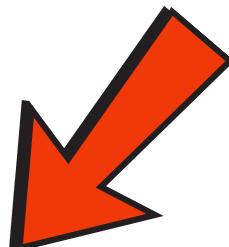
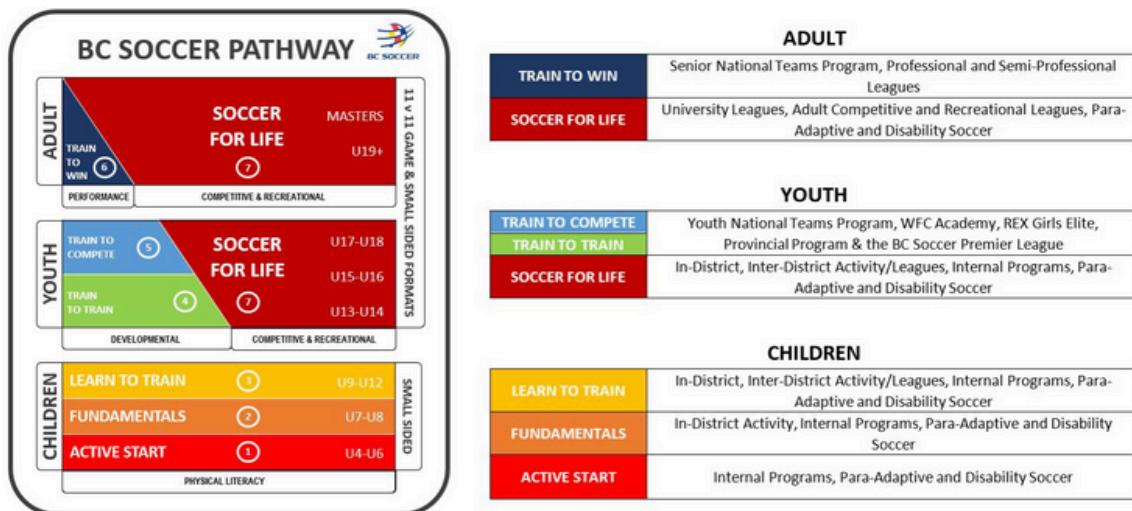
Check out the standards here!

Long Term Athlete Development

LTAD is a scientific model for periodized athlete training and development that respects and utilizes the natural stages of physical, mental, and emotional growth in athletes. Like the LTAD program, LTPD is designed to:

1. Promote lifelong enjoyment of physical activity.
2. Provide a structured player development pathway.
3. Describe best practices for elite player development.
4. Create long-term excellence.

Whether you play in Grassroots Organizations, Adult Leagues, or BCSPL, the overarching philosophies should always be consistent; experiences are positive, training is age-appropriate, and environments are safe and inclusive.



Check out the BC Soccer Player Pathway here!

Coaching



Photo Credit: Mariah Howes

Step One

Criminal Record Check (CRC)

KSYSA coaches are required to complete a Criminal Record Check every 5 years. This process is FREE! Please complete your [Criminal Record Check](#) and enter the following code (unique to KSYSA): PGGVD4HXZ7

Step Two

Online Module

Obtain your keycode from Brian at ksysacoach1@gmail.com and register for the Grassroots Coach Program

Step Three

Practical Workshop

Once you have completed your online training (Grassroots Coach Program), please register for your on field session.

Overview

Coaching is a very fulfilling way to mentor young people and connect with your community.

With new standards laid out by Canada Soccer, all coaches are required to complete a certification program designed for the age of the players they are coaching.

This program is provided through Canada Soccer and involves two parts - the online theory component (2-3 hrs) and the on-field practical component (2-4 hrs).

KSYSA covers all costs associated with this education!



Photo Credit: Lota Love Photography

Refereeing

Refereeing is an essential part of the game, and like Coaches and Players, Referees are athletes developing their craft. Pursuing a Referee career has provided many individuals with incredible working environments, world travel, and unique, transferable skillsets, including self-discipline, conflict management and resolution skills, multitasking and people management skills.

REFeree COURSE OVERVIEW & REGISTRATION



SMALL SIDED
9v9 & Under - 16hrs Course Length - 12 Years Old On Or Before Dec 31 Of Current Year

Complete 5 Registration Steps
Registration Cutoff 5 Days Prior

Registration

1.  **Registration** Complete 5 Registration Steps
Registration Cutoff 5 Days Prior

2.  **Payment** \$44.46 Credit Card (Online)

3.  **Study For Exam** Small Sided Rules Of The Game
5-7hrs Suggested Study Time

4.  **Exam** 30 Questions, 80 Minutes
Score >=70%, 2 Attempts

5.  **Practical Session** 1 Day - 7hrs In-Person
(2hrs Class | 3hrs Field | 2hrs Class)

6.  **Graduation** 1. Pass The Exam (score >=70%)
2. Attend 6hr Practical Session

HOW TO REGISTER

IMPORTANT - BEFORE YOU REGISTER: Please ensure a unique email & password is used for each account created and remember your email and password for future logins. For registration support, please [Click Here](#).

Small Sided Course	Please Click Here - Ref Centre , select Small Sided and follow the 5 registration steps to create your Small Sided Ref Centre account.
Entry Level Course	Please Click Here - Ref Centre , select Entry Level and follow the 5 registration steps to create your Entry Level Ref Centre account.
Entry Level Course (Previous Small Sided Referee)	Please Click Here - Ref Centre , select Entry Level and follow the 5 registration steps to create your Entry Level Ref Centre account. IMPORTANT: this account is separate from your previous Small Sided account and requires a new unique email & password.

REFeree COURSE FAQs



REGISTRATION

When are most courses offered? BC Interior Season: March-May Each Year
BC Coastal Season: August-October Each Year

When does registration close for each? 5 days prior to the listed practical session date for both course types.

What payment methods are accepted? Online: Credit card only.

REF CENTRE ACCOUNT

Can I use the same email and password for multiple Ref Centre accounts? Please ensure a unique email & password is used for each account created and remember your email and password for future logins.

I am having trouble logging into my Ref Centre account, what can I do? 1. Clear your web browsing history & cache.
2. Try using a different web browser.
3. Email supportsystem@e2soccer.com for technical support.

How do I ensure I receive Ref Centre automated course emails? Please ensure emailgenerator@e2soccer.com is designated as a safe sender in your email inbox so you do not miss important course updates.

REFeree COURSE

What is the difference between Small Sided & Entry Level Courses? Small Sided: Provides the basics of refereeing. Once individuals are successful in passing this course, they may officiate in any U13 and under/for Small Sided match.
Entry Level: The entry point of officiating 11-aside soccer. Topics include: laws of the game, positioning, signals, administration of the game, preparation & match reporting

How long are both course types? Small Sided: 16hrs total | Entry Level: 17hrs total

How do I complete both course types? Small Sided: Pass the exam (score >=70%) & attend the 7hr practical session.
Entry Level: Finish 17 self guided modules, pass the exam (score >=70%), & attend the 6hr practical session.
Small Sided: The exam must be completed 48hrs prior to the practical session.
Entry Level: The 17 self guided modules & exam must be completed 48hrs prior to the practical session.

What are the important deadlines for both course types? Small Sided: You will be allowed 1 resit 24hrs after your first attempt (failing twice results in course failure).
Entry Level: Referee uniform (top, shorts, socks), appropriate footwear, whistle, watch, coin, 2 flags, notepad, pen/pencil.

What happens if I fail the exam? You can transfer to a future course offering on Ref Centre or you can request a refund in accordance with the BC Soccer Refund Statement.
Refund requests must be submitted using the [Refund Request Form](#) and be in accordance with the BC Soccer Refund Statement.

REFEREE COURSE HOW-TO GUIDES

If your question was not listed above or you require further support, please [Click Here](#).

Photo Credit: Lota Love Photography

Field Locations

BV

Upper Mazzochi: 1695 Columbia Gardens Rd
Lower Mazzochi: 1695 Columbia Gardens Rd

Castlegar

Castlegar Complex: 2101 6th Ave
Millennium Park: 110 5 St

Rossland

Centennial Park: located off Dunn Cres.

Trail

Haley Field: 100 Bingay Road
Lower Sunningdale: 625 Isabella Cres
Pople Park: 1900 McBride St
Tadanac Park: 17 Ritchie St

Financial Aid

Families unable to pay fees can contact KSYSA Registrar and apply for the financial aid programs shown below.

Athletics 4 Kids: <https://www.a4k.ca/apply-now>

Kidsport Trail: <https://kidsportcanada.ca/british-columbia/greater-trail/apply-for-a-grant/>

Canadian Tire Jumpstart:

<https://jumpstart.canadiantire.ca/pages/individual-child-grants>



Kootenay South Youth Soccer Association



Webpage: www.ksysa.ca

Facebook: [@kootenaysouthsoccer](https://www.facebook.com/kootenaysouthsoccer)

Email: ksysaregistrar@gmail.com

Mailing Address: PO Box 211, Trail BC, V1R 4L4

