

KOOTENAY SOUTH
STORM



KSUSA 2025

Program Guide



Website: ksusa.ca
Facebook: @KootenaySouthSoccer
Email: ksysaregistrar@gmail.com

Vision, Mission, Values

Our Vision

To create a fun and inclusive community where all participants grow and develop through the beautiful game of soccer.

Mission Statement

To provide quality soccer programs that offer a positive experience in a safe environment, supported by dedicated volunteers.

Recreational Program

To provide a fun, inclusive soccer experience that encourages participation, fosters a love for the game, and promotes physical activity.

Development Program

To develop skilled soccer players through dedicated training and competitive play, emphasizing teamwork, discipline, and sportsmanship, enabling athletes reach their full potential.

Values

Fun

Providing programs that are enjoyed by players, coaches, officials and parents.

Inclusive

A commitment to creating an environment where everyone is welcomed and valued.

Accessible

Removing barriers to enable participation

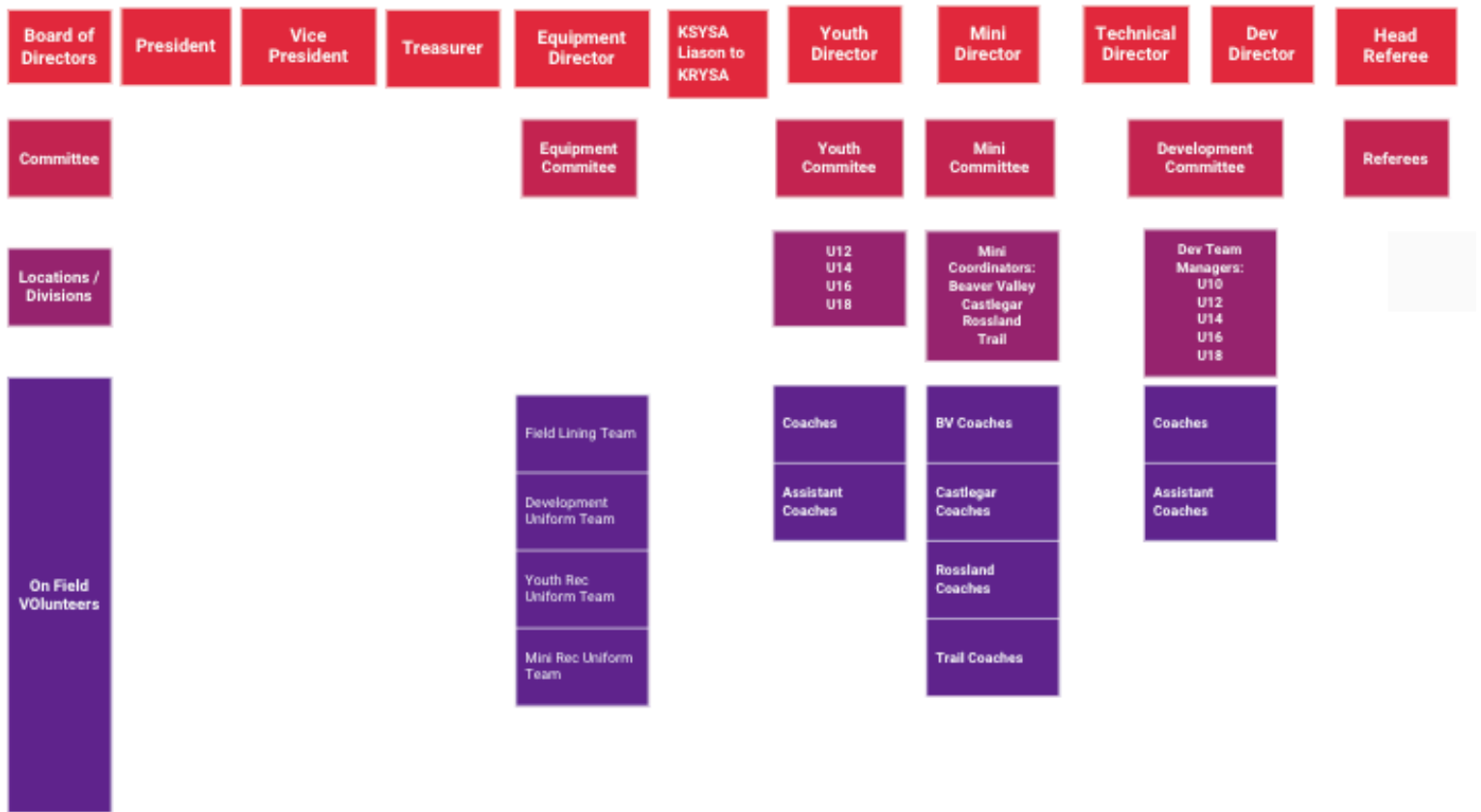
Adaptable

Being flexible and open to change, especially through creative thinking and problem-solving.

Excellence

Achieving high standards of performance and striving for continual improvement.

Volunteers



Board of Directors

Acting President: Jen Bryden ksysainfo@gmail.com
 Acting Vice President: Kim Robinson ksysainfo@gmail.com
 Treasurer: Ian Sturgess ksysatreasurer@gmail.com
 Registrar: Melissa Gresley-Jones ksysaregistrar@gmail.com
 Coach Coordinator: Brian Reimer ksysacoach1@gmail.com
 Head Referee: Sid Compston ksysaheadreferee@gmail.com
 Equipment Director: Rita MacLeod ksysaequipment@gmail.com
 Development Director: Clemente Miranda ksysaselect@gmail.com
 Youth Recreational Director: Angela Jack ksysayouth@gmail.com
 Mini Recreation Director: April Arnot ksysamini@gmail.com

Important Dates

Registration	
Registration Opens	January 15, 2025
Recreation Reg period	Jan 15 - March 1
Late registration	Mar 2 - April 1
Development Reg period	Jan 15 - Feb 15
Late registration	Feb 16 - April 1
Registration Closes	April 2, 2025
Recreation	
Mini Soccer Day	Week of May 20
Mini World Cup	June 21, 2025
Youth Playoffs	June 9 - 21
Youth Wrap Up	June 22, 2025
Development	
Kit Order Deadline	Feb 15, 2025
U13 + Spring Training	March 27 - 30
U10 and U12 Camp	April 18 - 21
Okanagan Icebreaker, Lake Country	April 18 - 20
Terry Walgren Memorial, Nelson	May 9 - 11
Slurpee Cup, Kamloops	May 17 - 19
Clash of the Titans, Invermere	May 24 - 25
Playdowns	May 31
Rovers Classic, Cranbrook - Kimberley	June 14 - 15
Provincials	July 10 - 13
Eye of the Storm Jamboree, KSYSA	Sept 12-13
NOTE: Dates are tentative. Development Tournaments to be assigned pre season.	
Coaching	
Online Training	Initial Deadline is March 1, other dates TBD
On field Training	April 5/6
Refereeing	
Registration Open	TBD
Course	April 5/6

Program Overview



WHAT IS YOUR CHILDS BIRTH YEAR?

2015 / 2016

Does your child want to play two times a week in May and June?

REGISTER IN

U10 RECREATION PROGRAM ONLY
(GIRLS OR BOYS)

Does your child want to play an extended season (March - September) with access to tournaments?

REGISTER IN

U10 DEVELOPMENT PROGRAM ONLY
(GIRLS OR BOYS)

RECREATION: WHAT TO EXPECT

- PROGRAM RUNS MAY / JUNE
- 2 FIELD TIMES PER WEEK
- 1 HOUR FIELD TIME
- PRACTICE AND GAME PLAY
- FIELD LOCATION TO BE DETERMINED BASED ON REGISTRATION NUMBERS

2013 / 2014

Does your child want to play two times a week in May and June?

REGISTER IN

U12 RECREATION PROGRAM ONLY
(GIRLS OR BOYS)

Does your child want to play an extended season (March - September) with access to tournaments?

REGISTER IN

U12 DEVELOPMENT PROGRAM ONLY
(GIRLS OR BOYS)

DEVELOPMENT: WHAT TO EXPECT

- PROGRAM RUNS MARCH TO SEPTEMBER WITH A ONE MONTH BREAK IN THE SUMMER
- 2 - 3 FIELD TIMES PER WEEK
- 1+ HOUR FIELD TIME
- PRACTICE AND GAME PLAY
- TRAVEL
- 2 TOURNAMENTS MINIMUM



WHAT IS YOUR CHILDS BIRTH YEAR?

2011/2012

Does your child want to play two times a week in May and June?

REGISTER IN

U14 RECREATION PROGRAM ONLY
(GIRLS OR BOYS)

Does your child want to play an extended season (March - September) with access to tournaments?

REGISTER IN

U14 RECREATION AND U14 DEVELOPMENT PROGRAMS
(GIRLS OR BOYS)

U14

DUE TO EXPECTED REGISTRATION NUMBERS U14 PROGRAMS WILL BE COMBINED THIS SEASON. YOUTH PARTICIPATING IN DEVELOPMENT **MUST** REGISTER IN RECREATION AS WELL.

2009 / 2010

Does your child want to play two times a week in May and June?

REGISTER IN

U16 RECREATION PROGRAM ONLY
(GIRLS OR BOYS)

Does your child want to play an extended season (March - September) with access to tournaments?

REGISTER IN

U16 DEVELOPMENT PROGRAM ONLY
(GIRLS OR BOYS)

U16 AND U18

DUE TO EXPECTED REGISTRATION NUMBERS, REFEREEING REQUIREMENTS AND OTHER EXPECTED SCHEDULING CONFLICTS, U16 AND U18 PROGRAMS WILL BE SEPARATED THIS SEASON.

2008 / 2007

Does your child want to play two times a week in May and June?

REGISTER IN

U18 RECREATION PROGRAM ONLY
(GIRLS OR BOYS)

Does your child want to play an extended season (March - September) with access to tournaments?

REGISTER IN

U18 DEVELOPMENT PROGRAM ONLY
(GIRLS OR BOYS)

Grassroots Standards



CANADA SOCCER GRASSROOTS STANDARDS

	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
CRITERIA	U5-U6	U7	U8-U9	U10-U11	U12-U13
Offside	N/A	N/A	No	No	Yes
Retreat line	N/A	Yes (halfway line)	Yes (halfway line)	Yes (one third)	Optional (one third)
Substitutions	N/A	Unlimited (any stoppage or on the fly)	Unlimited (any stoppage or on the fly)	Unlimited (any stoppage)	Unlimited (any stoppage)
Season or block length (indoor/outdoor)	6-16 weeks	6-16 weeks	6-22 weeks	10-22 weeks	10-22 weeks
Team travel time	Within organization	Under 60 minutes each way	Under 60 minutes each way	Under 60 minutes each way	Under 60 minutes each way
Playing time (players encouraged to try all positions)	Players all play	Fair playing time for all players	Fair playing time for all players	Fair playing time for all players	Fair playing time for all players
Player-to-coach ratio	Ideal: 4:1 Maximum: 8:1	Ideal: 6:1 Maximum: 8:1	Ideal: 8:1 Maximum: 10:1 (5v5)	Ideal: 10:1 Maximum: 12:1	9v9 Ideal: 12:1 Maximum: 16:1 11v11 Ideal: 16:1 Maximum: 18:1
Practice-to-match ratio	N/A	1:1	1:1 or 2:1	2:1 or 3:1	2:1 or 3:1
Structured practice duration	30-45 minutes	30-45 minutes	45-60 minutes	60-75 minutes	60-75 minutes
Match day roster guidelines (game day only)	N/A	Ideal: 6 players	Ideal: 8 players	Ideal: 10 players	9v9 Ideal: 14 players 11v11 Ideal: 16 players
Match day format	N/A	Festival format	Festival format	Festival format	Festival or league format
Number of match days (Festival or league play) per week	N/A	One (1)	One (1)	One (1)	One (1)



CANADA SOCCER GRASSROOTS STANDARDS

	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
CRITERIA	U5-U6	U7	U8-U9	U10-U11	U12-U13
Match format (maximum)	No formal matches	3v3	4v4 (no GK) or 5v5 (with GK)	7v7	9v9 (U12) 9v9 or 11v11 (U13)
Coaching qualification	Active Start + MED + RiS + Making Headway + EAP	Fundamentals + MED + RiS + Making Headway + EAP	Fundamentals + MED + RiS + Making Headway + EAP	Learn to Train + MED + RiS + Making Headway + EAP	Learn to Train + MED + RiS + Making Headway + EAP
Maximum match duration	Informal play	30 minutes	40 minutes	50 minutes	70 minutes (U12) 80 minutes (U13)
Maximum match time per player per day	N/A	60 minutes	60 minutes	80 minutes	100 minutes
Minimum rest time between matches	N/A	Duration of one (1) match	Duration of one (1) match	Duration of one (1) match	Duration of one (1) match
Maximum goal size	Pop-up goals 3ft (0.91m) x 5ft (1.52m)	Pop-up goals 3ft (0.91m) x 5ft (1.52m)	5ft (1.52m) x 8ft (2.44m)	6ft (1.83m) x 16ft (4.88m)	6ft (1.83m) x 18ft (5.49m)
Field size	N/A	Width: 18-22m Length: 25-30m	Width: 25-30m Length: 30-36m	Width: 30-36m Length: 40-55m	9v9 Width: 42-55m Length: 60-75m 11v11 Width: 45-90m Length: 90-120m
Ball size	3	3	3 or 4 (or 4 super light)	4 (or 5 light)	9v9: 4 (or 5 light) 11v11: 5 (or 5 light)
Number of memorable events (maximum)	N/A	N/A	Two (2) per year	Two (2) per year	Four (4) per year *One (1) event may be overseas
Referee or Game Leader	N/A	Game Leader	Game Leader or Referee	Game Leader or Referee	Referee
Restarts from Sidelines	N/A	Pass in or dribble in	Pass in or dribble in	Pass in or dribble in	Throw-in

Recreation - Mini

Description: Our Spring Recreational mini program is divided into Beaver Valley (U6 - U10), Castlegar (U4 - U10), Rossland (U6 - U10) and Trail (U6 - U10) and provides players an opportunity to develop skills and have fun. This league generally runs from May through June, kids have two field times per week, and the potential for a couple of special events (depending on volunteer commitment).

Beaver Valley

Program	Fee	Location	Day of the Week	Time	Dates
U6	\$120	Mazzochi	T / Th	5 - 5:45 pm	April 28 - June 16
U8	\$200	Mazzochi	T / Th	5:00 - 6:00 pm	April 28 - June 16
U10	\$200	Mazzochi	T / TH	6:30 - 7:30 pm	April 28 - June 16

Castlegar

Program	Fee	Location	Day of the Week	Time	Dates
U4	\$80	Millenium Park	M / W	5:00 - 5:30 pm	April 28 - June 16
U6	\$120	Millenium Park	M / W	5:30 - 6:15 pm	April 28 - June 16
U8	\$200	Millenium Park	M / W	5:30 - 6:30 pm	April 28 - June 16
U10	\$200	Millenium Park	T / TH	6:30 - 7:30 pm	April 28 - June 16

Rossland

Program	Fee	Location	Day of the Week	Time	Dates
U6	\$120	Centennial	T / Th	4:00 - 4:45 pm	April 28 - June 16
U8	\$200	Centennial	T / Th	5:00 - 6:00 pm	April 28 - June 16
U10	\$200	Pople Park - Trail	T / Th	6:30 - 7:30 pm	April 28 - June 16

Trail

Program	Fee	Location	Day of the Week	Time	Dates
U6	\$120	Pople Park	T / Th	5:15 - 6:00 pm	April 28 - June 16
U8	\$200	Pople Park	T / Th	5:15 - 6:15 pm	April 28 - June 16
U10	\$200	Pople Park	T / TH	6:30 - 7:30 pm	April 28 - June 16

Recreation - Youth

Description: Our Spring Recreational youth program is divided into U12 - U18 divisions and provides players an opportunity to develop skills and have fun. This league generally runs from May through June, kids have two field times per week, and the potential for a couple of special events (depending on volunteer commitment).

Program	Fee	Location	Day of the Week	Time	Dates
U12	\$200	TBD	M / W	TBD	April 28 - June 16
U14	\$200	TBD	T / TH	TBD	April 28 - June 16
U16	\$200	TBD	T / TH	TBD	April 28 - June 16
U18	\$200	TBD	T / TH	TBD	April 28 - June 16

Please note all times are subject to change based on registration, volunteers and field availability.

Development

Description: Our development program is for U10 - U18 players who want to extend their season and play in tournaments. This league generally runs March through September with 2-3 field times per week, a one month summer break and have the opportunity to attend a minimum of 2 tournaments depending on their age.

Program	Fee	Location	Day of the Week	Time	Dates
U10	\$530	TBD	T/Th/F	TBD	March 31 - Sept 19
U12	\$640	TBD	M/W/F	TBD	March 31 - Sept 19
U14	\$640	TBD	M/W/F	TBD	March 31 - Sept 19
U16	\$440	TBD	T/Th/F	TBD	March 31 - Sept 19
U18	\$440	TBD	TBD	TBD	March 31 - Sept 19

Tournament Schedule

Teams will be assigned tournaments at the start of the season. This shows you the potential of tournaments for each age category. U10 teams have a minimum of 2 tournaments within their registration fees. Additional tournaments may be attended based on team/coach desire.

Team	Icebreaker Lake Country	Terry Walgren Nelson	Slurpee Cup Kamloops	Clash of the Titans Invermere	Playdowns	Rovers Classic Cranbrook	Canada Day Cup Kelowna	Little Bear Revelstoke	Eye of the Storm Kootenay
U10B		x				x			x
U10B		x				x			x
U10B						x			x
U10B		W				x			x
U10B Tournament Team			x						
U10G		x				x			x
U10G		x				x			x
U11B		x	x			x			x
U11B		x	x			x			x
U12B		x	x			x			x
U12B		x	x				x		x
U12B		W	x			x			x
U12B Tournament Team									
U12G		x		x		x			x
U11G		x	x			x			x
U13G		x	x			x			
U13B	x	x	x						
U13B		x		x		x		X	
U13B Tournament Team									
U14G	x	x	x						
U14B		x	x			x			
U16+B	x	x	x	x		x			
U16+G		x		x		x			
Dates	Apr 18 - 20	May 9-11	May 17 - 19	May 24 - 25	May 31	June 14 - 15	Jun 28-30	Sep 6 - 7	Sep 12 - 13

Girls Programs

This season we are offering girls programming at all age groups!

A few years ago KSYSA started piloting girls recreation programs in Trail and found great success with it. Last season, we formally started the U10 girls recreation league with great results. This year, we decided to expand the opportunity to all age groups. Proceeding with this opportunity is dependent on registration numbers and volunteer coaches.

For the U6 category, as per Soccer Canada Grassroots Standards, there are no formal soccer games so the girls groups mean that the 'teams' will be formed as girls only and do their activities together at their home field - no travel.

For the U8 category, there are options on how the season is set up. In our experience, the girls teams do not want to play the boys/co-ed teams, so the girls teams play each other. In Trail we were able to form 2 girls teams, and they played each other all season. It may have felt repetitive to the parents, but the girls were happy. If the children requested to play the boys/co-ed teams, that would be an option too. These field times are also at their home field - no travel.

For U10 girls, it is registration, field and volunteer dependant. Last year the Rossland and Trail girls played together at Pople Park in Trail because there was no field space in Rossland. They practiced and played here twice a week with a couple of travel games to BV and Castlegar.

There is also a Mini Girls Soccer Day, scheduled for May 22 this season, where all the U8 and U10 girls groups come to Pople Park in Trail and play a bunch of mini games as a special event.

When registering, parents can choose to register their daughter in either the Girls or Boys/Co-Ed program, and if your child changes their mind we can accommodate that.

Our goal is to provide programs for all youth to have a sense of belonging, improve their skills, enjoy their time and thrive!



Photo Credit: KSYSA Parent



Photo Credit: KSYSA Parent



Photo Credit: Lota Love Photography



Photo Credit: KSYSA Parent



Photo Credit: KSYSA Parent

Coaching



Photo Credit: Mariah Howes

Overview

Coaching is a very fulfilling way to mentor young people and connect with your community.

With new standards laid out by Canada Soccer, all coaches are required to complete a certification program designed for the age of the players they are coaching.

This program is provided through Canada Soccer and involves two parts - the online theory component (2-3 hrs) and the on-field practical component (2-4 hrs).

KSYSA covers all costs associated with this education!

Step One

Criminal Record Check (CRC)

KSYSA coaches are required to complete a Criminal Record Check every 5 years. This process is FREE!

Please complete your Criminal Record Check and enter the following code (unique to KSYSA): PGGVD4HXZ7

Step Two

Online Module

Obtain your keycode from Brian at ksysacoach1@gmail.com and register for the Grassroots Coach Program

Step Three

Practical Workshop

Once you have completed your online training (Grassroots Coach Program), please register for your on field session.



Photo Credit: Lota Love Photography

Refereeing

Refereeing is an essential part of the game, and like Coaches and Players, Referees are athletes developing their craft. Pursuing a Referee career has provided many individuals with incredible working environments, world travel, and unique, transferable skillsets, including self-discipline, conflict management and resolution skills, multitasking and people management skills.



SMALL SIDED		ENTRY LEVEL	
9yr & Under - 16hrs Course Length - 12 Years Old On Or Before Dec 31 Of Current Year		11yr11 - 17hrs Course Length - 14 Years Old On Or Before Dec 31 Of Current Year	
Complete 5 Registration Steps Registration Cutoff 5 Days Prior	Registration	Registration	Complete 5 Registration Steps Registration Cutoff 5 Days Prior
\$44.46 Credit Card (Online)	Payment	Payment	\$135.71 Credit Card (Online)
Small Sided Rules Of The Game 5-7hrs Suggested Study Time	Study For Exam	Self Guided Modules	17 Online Modules 7-10hrs To Complete
30 Questions, 80 Minutes Score >=70%, 2 Attempts	Exam	Exam	75 Questions, 60 Minutes Score >=70%, 2 Attempts
1 Day - 7hrs In-Person (2hrs Class 3hrs Field 2hrs Class)	Practical Session	Practical Session	1 Day - 6hrs In-Person (2.5hrs Class 3.5hrs Field)
1. Pass The Exam (score >=70%) 2. Attend 6hr Practical Session	Graduation	Graduation	1. Finish 17 Self Guided Modules 2. Pass The Exam (score >=70%) 3. Attend 6hr Practical Session

HOW TO REGISTER	
IMPORTANT - BEFORE YOU REGISTER: Please ensure a unique email & password is used for each account created and remember your email and password for future logins. For registration support, please Click Here .	
Small Sided Course	Please Click Here - Ref Centre , select Small Sided and follow the 5 registration steps to create your Small Sided Ref Centre account.
Entry Level Course	Please Click Here - Ref Centre , select Entry Level and follow the 5 registration steps to create your Entry Level Ref Centre account.
Entry Level Course (Previous Small Sided Referee)	Please Click Here - Ref Centre , select Entry Level and follow the 5 registration steps to create your Entry Level Ref Centre account. IMPORTANT: this account is separate from your previous Small Sided account and requires a new unique email & password .



REGISTRATION	
When are most courses offered?	BC Interior Season: March-May Each Year BC Coastal Season: August-October Each Year
When does registration close for each?	5 days prior to the listed practical session date for both course types.
What payment methods are accepted?	Online: Credit card only.
REF CENTRE ACCOUNT	
Can I use the same email and password for multiple Ref Centre accounts?	Please ensure a unique email & password is used for each account created and remember your email and password for future logins.
I am having trouble logging into my Ref Centre account, what can I do?	1. Clear your web browsing history & cache. 2. Try using a different web browser. 3. Email supportsystem@ezesoccer.com for technical support.
How do I ensure I receive Ref Centre automated course emails?	Please ensure emailgenerator@ezesoccer.com is designated as a safe sender in your email inbox so you do not miss important course updates.
REFEREE COURSE	
What is the difference between Small Sided & Entry Level Courses?	Small Sided: Provides the basics of refereeing. Once individuals are successful in passing this course, they may officiate in any U13 and under/or Small Sided match. Entry Level: The entry point of officiating 11-a-side soccer. Topics include: laws of the game, positioning, signals, administration of the game, preparation & match reporting
How long are both course types?	Small Sided: 16hrs total Entry Level: 17hrs total
How do I complete both course types?	Small Sided: Pass the exam (score >=70%) & attend the 7hr practical session. Entry Level: Finish 17 self guided modules, pass the exam (score >=70%), & attend the 6hr practical session.
What are the important deadlines for both course types?	Small Sided: The exam must be completed 48hrs prior to the practical session. Entry Level: The 17 self guided modules & exam must be completed 48hrs prior to the practical session.
What happens if I fail the exam?	You will be allowed 1 retest 24hrs after your first attempt (failing twice results in course failure). Referee uniform (top, shorts, socks), appropriate footwear, whistle, watch, coin, 2 flags, notepad, pen/pencil.
What equipment should I bring to the practical session?	
What happens if I cannot attend the practical session?	You can transfer to a future course offering on Ref Centre or you can request a refund in accordance with the BC Soccer Refund Statement. Refund requests must be submitted using the Refund Request Form and be in accordance with the BC Soccer Refund Statement.
How do I request a refund?	
REFEREE COURSE HOW-TO GUIDES	
If your question was not listed above or you require further support, please Click Here .	



Photo Credit: Lota Love Photography

Field Locations

BV

Upper Mazzochi: 1695 Columbia Gardens Rd

Lower Mazzochi: 1695 Columbia Gardens Rd

Castlegar

Castlegar Complex: 2101 6th Ave

Millennium Park: 110 5 St

Rossland

Centennial Park: located off Dunn Cres.

Trail

Haley Field: 100 Bingay Road

Lower Sunningdale: 625 Isabella Cres

Pople Park: 1900 McBride St

Tadanac Park: 17 Ritchie St

Financial Aid

Families unable to pay fees can contact KSYSA Registrar and apply for the financial aid programs shown below.

Athletics 4 Kids: <https://www.a4k.ca/apply-now>

KidSport: <https://kidsportcanada.ca/british-columbia/greater-trail/apply-for-a-grant/>

Canadian Tire Jumpstart:
<https://jumpstart.canadiantire.ca/pages/individual-child-grants>



The graphic features a large orange triangle on the left containing a black megaphone icon. To the right of the triangle, the text "Financial Aid Support is available. Check it out!" is displayed with a black arrow pointing towards the logos below. The logos include "Jumpstart Bon départ" in red, "athletics 4kids" in orange and yellow, and the "KidSport" logo with a stick figure running. At the bottom, the email address "Email ksystareregistrar@gmail.com for more information." is provided.

Financial Aid Support
is available.
Check it out!

Jumpstart
Bon départ

athletics 4kids

KidSport

Email ksystareregistrar@gmail.com for more information.